



# What is Re-focus



It's a free, easy-to-use and interactive App for women who have, are, or thinking of separating. It covers legal information about domestic violence (DV), arrangements for children, financial and property matters, options for reaching a legal agreement and safe accommodation. It also provides helpful referrals and coping tips about separation.

Sometimes, the only thing some women have when separating is their phone.

Often, they don't know where to go to get free legal advice and much-needed referrals. Re-focus, fills that information gap.

## How does Re-focus work?

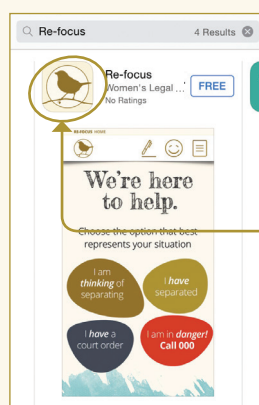
Re-focus will take you through a simple quiz about your situation. All you have to do is tap one of the options for each question. Re-focus will use your answers to provide information directly relevant to you.

You will then have all the information, referrals and coping tips at your fingertips to go back to whenever you need. You can update your situation as it changes and that will update the information you get.

## Is Re-focus safe to use?

- You should always consider your safety before downloading, especially if you are in a DV, controlling relationship or if your partner might monitor/track you, or make you feel unsafe.
- Re-focus will not share or track any of your personal data.
- Your information is only held in this App on your device.
- You will not receive any texts or emails from Re-focus.
- Like all Apps, if there is an update (e.g. new contact numbers) you will get a small notification on the Re-focus icon. This is not expected to be frequent.

## How do I download Re-focus?

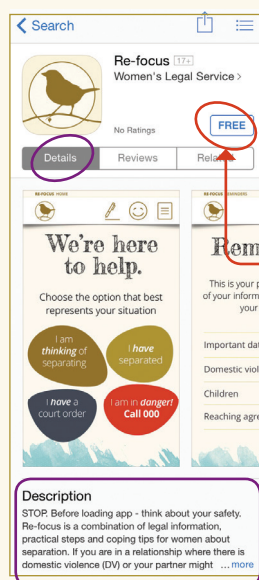


### Step 1:

Tap the App Store or Play Store icon on your phone and type "Re-focus" in search area.

### Step 2:

Tap the option "Re-focus" – and find the Re-focus App in the options (it's the one with the brown bird top left).



### Step 3:

Read "about this App" and decide whether it is safe for you to download and right for your situation.

### Step 4:

If it is safe then follow the prompts to install.

**IF YOU DON'T WANT OTHERS TO ACCESS YOUR DEVICE OR KNOW YOU USE THIS APP, PLEASE USE A SECURE PASSWORD ON YOUR DEVICE OR RECONSIDER YOUR USE OF RE-FOCUS.**

Funding for this project was provided by the Commonwealth Department of Social Services as part of the National Plan to Reduce Violence against Women and their Children 2010-2022.



Women's Legal Service  
([www.wlsq.org.au](http://www.wlsq.org.au))