

NOTICEBOARD

■ **THE VIETNAM VETERANS and Associated Forces Social Club** meets on the third Sunday of the month at the QCWA Hall on Pulgul St, Urangan from 11am, with lunch after the meeting.

It is open to returned soldiers from all conflicts and peace keeping activities.

We offer support and social activities to our members, and raise money through raffle tickets at the Torquay Hotel on Fridays from 5pm. The money raised assists with our social work, and enables us to donate to worthy local causes.

Come along to the hotel on a Friday night or a meeting, or phone Barry English (president) on 4128 4104 or Dawn Harrison (secretary) on 4125 6464.

■ **THE FRASER COAST WILDLIFE SANCTUARY** on Mungar Rd, Maryborough is seeking new volunteers to assist with the caring of animals, visitor guiding, gardening, general maintenance, canteen and administrative duties. The

sanctuary is a Centrelink-approved volunteer workplace.

Become a friend of the sanctuary – job satisfaction guaranteed. Donations of wild bird seed, vegetables and fruit are always welcome. For further information, ring 4122 2080.

■ **THE SENIORS LEGAL AND SUPPORT SERVICE** is a community service providing free legal advice and support for seniors 60 years and over, who are experiencing or at risk of elder abuse, mistreatment or financial exploitation.

The service can provide information, advice and support including short term counselling / advocacy; information on your legal rights; advice on enduring

power of attorney documents; referrals to other support, legal and consumer services; community education.

For further information, telephone the service on 4124 6863 or call into the office at Shop 6, 16 Torquay Rd, Hervey Bay (opp RSL) Monday to Friday 9am to 3pm.

■ **IF YOU LIKE TO SING** and make new friends come and join Fraser Coast Chorus on Mondays at 6.30pm, at the Senior Citizens Hall, corner of Denmans Camp Rd and Totness St, Torquay.

We sing in three and four-part harmony accompanied and unaccompanied in a range of genres, including modern, pop, Broadway and sacred. You don't have to be able to read music, just share a love of singing!

Members of the chorus come from all sections of the community, with varying degrees of vocal expertise and are united by their love of singing. If you would like to know more, please visit www.fraser-coastchorus.org.au or phone Jill on 4128 2095 for further details.

■ **AL-ANON FAMILY GROUPS** is a support group for families and friends of problem drinkers. You can see what alcohol is doing to the drinker, but can you see what it's doing to you?

Meeting held Fridays at 9.30am at the Baptist Church Office, 168 Fort St. Phone Judy 4121 0050 or Debbi 4123 4338.

■ **ALABASTER PLAYGROUP** for young children with disabilities offering a variety of learning experiences to make friends and develop social skills. Phone Trina Rowland 4121 0409.

■ **BURRUM SWIMMING CLUB** will open the pool on Mondays and Thursdays at 9am for lap

swimming and Tuesdays and Fridays at 9am for Aqua Aerobics. The pool is at Howard State School, 108 William St, Howard. Phone Tracy 0418 785 368.

■ **CEMETERY TOURS** presented by the Maryborough District Family History Society. Uncover Our Buried Past held third Friday each month from 6.30-7.45pm, meeting at cemetery.

Bookings essential at Maryborough Tourist Information Centre, City Hall. \$10 each.



HALF-WAY HOME: Liam Horton from Urangan High in the 13 years boys 3km race in the Hervey Bay District Cross Country.
PHOTO: ALISTAIR BRIGHTMAN