

In Focus: Leading Wellbeing in the Legal Profession

Thursday 18 May 2017 | 7.30-8.40am
Law Society House, Brisbane

Overview

Creating awareness and understanding around mental health and wellbeing in the legal profession still remains a priority. Targeted at experienced practitioners and partners, this complimentary member breakfast will provide you with the opportunity to hear from our expert presenters about how you can develop your workplace leadership to support and promote wellbeing as well as create a workplace your team will not only flourish in – but one they will want to stay in and grow. This session is an initiative of QLS Wellbeing Working Group.

1 CPD Point

7am **Registration and continental breakfast selection**

7.30am **Welcome remarks**

Christine Smyth, President, Queensland Law Society; Partner, Robbins Watson Solicitors and Accredited Specialist (Succession Law) – Qld

7.35am **In Focus: Leading Wellbeing in the Legal Profession**



Depression and anxiety cost Australian businesses between \$11-12 billion dollars every year though absenteeism, reduced work performance, increased turnover, and compensation claims. But it is surprising to learn that 60% of our wellbeing at work is predicted by the quality of our relationship with our direct managers – so the power to lead change really is in your hands.

This session will cover:

- the current state of wellbeing in the legal profession
- identify why the legal profession is particularly susceptible to mental health issues
- understanding when an employee is struggling with a mental health concern and be able to proactively support and assist them.

This session will help you to develop your workplace leadership and support your team's wellbeing.

Rolf Moses, Director People & Development, Norton Rose Fulbright Australia and chair, QLS Wellbeing Working Group

Philip Ware, General Counsel, Stanwell Corporation Limited and member, QLS Wellbeing Working Group

8.35am **Closing remarks**

Christine Smyth, President, Queensland Law Society; Partner, Robbins Watson Solicitors and Accredited Specialist (Succession Law) – Qld

8.40am **Close**