

Get the right legal advice

ONE thing is for sure, we are all getting older, but that doesn't mean we have to worry more about things like assets, health issues and how to look after ourselves and our loved ones, it just means we need to plan and make good choices while we can.

The Seniors Legal and Support Service at Cairns Community Legal Centre (CCLC) gets asked questions in three main areas.

The first is Wills. Basically a Will is a legal document that outlines how you would like your assets (estate) distributed when you die and appoints the person who will be responsible for the administration of your estate. It's important to get some help when thinking about your Will. It can be a difficult time for families and it needs to be right.

A lot of people also ask



Cairns Community Legal Centre's Seniors Legal and Support Service can assist with advice for those who need it most.

about Advanced Health Directives and Enduring Powers of Attorney.

An Advanced Health Directive is simply a written document – sometimes called a living Will – that is a formal way to give instructions about your future health care. It comes into effect only if your cognitive health deteriorates and you become unable to make your own decisions.

A power of attorney is a formal document giving another person the authority to make personal and/or financial decisions on your behalf. This can be about money matters or personal decisions, such as where the person lives, so it's important to get some help with this too.

CCLC's Seniors Legal and Support Service also gets lots

of enquires regarding nursing homes and Home Care Packages.

These can be quite complex, especially if you have questions about your contact.

It's always better to talk these things through – don't struggle on your own.

These are complicated and important things to think about, so it's really important to get good advice.

The Cairns Community Legal Centre can help with some of these things and can always provide referrals and advice on where to get help.

If you feel that you're in need of assistance, contact Cairns Community Legal Centre on 4031 7688 or visit www.cclc.org.au for more information.