

## New support groups at Halcro Street Community Centre

27 February, 2018



The Halcro Street Community Centre at Pialba is where it's all happening for Fraser Coast seniors.

Fraser Coast Acting Mayor George Seymour said a new group starting in March would support people who have or are experiencing elder abuse.

"Many people experiencing elder abuse are not aware of where to get help," Cr Seymour said.

"All too often they have no one they can share their problems with so this new group will offer support and have people on hand to empathise with victims."

The first meeting for this group will be a morning tea at 10am, Monday 12 March, at 30 Halcro Street, Pialba. Anyone affected by elder abuse is welcome.

There are a number of programs and events based at the centre, Cr Seymour said.

"Another new social group for 2018 is 'The Younger Ones' which focusses on people aged 50 to 69 which meets every second Wednesday."

All the other groups at the centre have re-started for 2018. They include Games, Indoor Walking, Widow Support, Coffee and Chat, China Painting, Seniors Drama and Music Group.

Community Garden volunteers are back on Thursday mornings and people are welcome to call in and have a chat with them about gardens.

Last year, Community Garden members called for local schools and gardening groups to assist with researching the best plants to grow on the Fraser Coast.

The Sandy Straits School took on the project and from donated lettuce seedlings, students grew and donated lettuce to We Care 2 for community-based food programs.

Also last year the seniors drama group titled 'The Rolling Bones Players' developed its own version of a TV Show and uploaded it on YouTube.

With an average age of 80 years, creating movies was a new experience for all members.

The show, self-titled as 'The Rolling Bones Players', aims to provide information about issues relevant to seniors and to put smiles on people's faces.

"Community centres like Halcro St ensure we have vibrant, friendly and connected communities," Cr Seymour said.

For more information or to become involved at the Halcro Street Community Centre, phone 4194 2441.

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