

## References and Suggested Reading

(in no way conclusive):

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Keyes, K. jr. (1985), The Hundredth Monkey. Oregon: Vision Books

Lipton, B. (2005). The Biology of Belief. Santa Rose: Mountain of Love/Elite Books

Loehr, J & Schwartz, T (2003), *The Power of Full Engagement*. Crows Nest NSW: Allen & Unwin

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Senge, P. (1990). The Fifth Discipline. Sydney: Random House.

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Wheatley, M.J. (1992). Leadership and the New Science. – Learning about Organization from an Orderly Universe. San Francisco: Berrett-Koehler Publishers.

Also take a look at YouTube – Simon Sinek, Brene Brown and Carl Sagan have some great stuff circulating the internet at the moment.

Of course, this list isn't conclusive however, having read these books, I can personally vouch for them.

Now of course comes the request for the return act of kindness. This list is in no way conclusive. I'm certain I've missed really great books that I've read and I know there are many wonderful books that I haven't read yet. So, if you come across a title that you believe has offered insight, assistance or inspiration please share it with us and I'll add it to the list. Over time just imagine what an amazing reference list we might create together.

In my definition, 'good books' make you think, make you laugh, help you relax, offer insight and solutions or are just enjoyable for no particular reason at all!